



$$M_y = \int_0^1 \int_{x^2}^{x(2-x)} x(1+x) dy dx = \int_0^1 [yx(1+x)]_{x^2}^{x(2-x)} dx$$

$$= 2 \int_0^1 (x^4 - x^2) dx = 2 \left[\frac{x^5}{5} - \frac{x^3}{3} \right]_0^1 = \boxed{\frac{4}{15}}$$

$$M = \int_0^1 \int_{x^2}^{x(2-x)} (1+x) dy dx = \int_0^1 (2x - 2x^3) dx = \boxed{\frac{1}{2}}$$

$$\bar{x} = \frac{M_y}{M} = \boxed{\frac{8}{15}}$$